

June 2022

To access ingredient content, call Senior Resources at 419-898-6459
 REHEATING MEALS: If the tray is still sealed, puncture a hole in section to vent.
 Heat for 1.5 to 2 minutes, depending on your appliances power level.

Mon	Tue	Wed	Thu	Fri
		1 Cheese Enchiladas Seasoned Black Bean Buttered Corn Cantaloupe Sour Cream 	2 Chicken Fettuccine Alfredo Italian Blend Veggies Pea Salad Banana Garlic Toast	3 Meatball Sub Oven Brown Potatoes Creamy Cucumber Salad Fresh Fruit Cup 
6 Country Fried Steak Mashed Potatoes/Gravy Green Beans Pineapple White Roll 	7 Sloppy Joe Potato Wedges 3 Bean Salad Peaches 	8 Turkey & Swiss Sandwich Lettuce/Tomato/Onion Sauerkraut Salad Potato Salad Fruited Gelatin 	9 Salisbury Steak/Gravy Mashed Potatoes/Gravy Succotash Melon Wheat Roll 	10 Open Face Chicken Cordon Bleu Red Bliss Potatoes Cauliflower Fruit Cocktail Wheat Roll
13 Honey Mustard Chicken Mashed Potatoes Key West Blend Veggies Pears Wheat Roll	14 Flag Day CLOSED Employee In-Service Day Senior Centers Closed No Home Delivered Meals 	15 Ham Loaf Alt: Baked Chicken Au Gratin Potatoes Cauliflower Cantaloupe - Wheat Roll	16 Bacon Swiss Burger ALT: No Bacon Lettuce/Tomato/Onion/ Pickles Potato Wedges Fruit Cocktail	17 Citrus Glazed Turkey Red Bliss Potatoes Green Beans Peaches Wheat Roll 
20 Senior Centers Closed No Home Delivered Meals 	21 First Day of Summer Smothered Pork Chop Potato Medley Green Beans Pineapple Wheat Roll 	22 Chicken Caesar Salad Minestrone Soup-Crackers Fruited Gelatin Breadstick 	23 Italian Sausage w/Peppers & Onions in Tomato Sauce over Penne Pasta Alt: Chicken in Sauce Buttered Peas Banana - Wheat Bread	24 BBQ Pork Chop Baked Beans Cole Slaw Mixed Melon - Wheat Roll HDM/Danbury Bday Treat
27 Chili Mac Tossed Salad Lime Gelatin Salad Pears Cornbread Muffin	28 Rotisserie Chicken Onion Roasted Potatoes Brussel Sprouts Mandarin Oranges Wheat Roll	29 Sweet & Sour Chicken Fried Rice Sugar Snap Peas - Broccoli Orange Wedges Wheat Bread Oak Harbor/Genoa Bday Treat	30 Ham & Swiss Sandwich ALT: Turkey & Swiss BLT Salad Tomato Basil Soup Crackers - Grapes Elmore/PC Bday Treat	Happy Father's Day 