

July 2022

To access ingredient content, call Senior Resources at 419-898-6459
 REHEATING MEALS: If the tray is still sealed, puncture a hole in section to vent.
 Heat for 1.5 to 2 minutes, depending on your appliances power level.

Monday	Tuesday	Wednesday	Thursday	Friday
 <h2 style="margin: 0;">HAPPY 4TH of JULY</h2>				
				
<p>4 <i>All County Offices Closed Happy 4th of July</i></p> 	<p>5 <i>Spaghetti & Meatballs Italian Blend Veggies Pineapple Garlic Toast</i></p>	<p>6 <i>Macaroni & Cheese w/Ham ALT: No Ham Stewed Tomatoes Green Beans Strawberry Shortcake</i></p>	<p>7 <i>Baked Ham w/Raisin Sauce ALT: Baked Chicken Mashed Sweet Potatoes Buttered Corn Cantaloupe -Wheat Roll</i></p>	<p>8 <i>Egg Salad Sandwich Pickled Beets Peaches Fruited Gelatin</i></p> 
<p>11 <i>Polish Sausage Egg Noodles - Fried Cabbage Buttered Corn Banana Wheat Bread</i></p> 	<p>12 <i>Meatloaf Mashed Potatoes/Gravy Brussel Sprouts Watermelon Wheat Roll</i></p> 	<p>13 <i>Breaded Chicken Sandwich Lettuce/Tomato Potato Wedges Cream of Broccoli Soup Peaches Crackers</i></p>	<p>14 <i>Roasted Pork Loin Mashed Potatoes/Gravy California Blend Cinnamon Apples Wheat Roll</i></p>	<p>15 <i>Beef Burgundy over Egg Noodles Baby Carrots Betty Salad Fresh Fruit Cup Wheat Bread</i></p> 
<p>18 <i>Fish Sandwich w/Cheese Potato Wedges Cole Slaw Pears</i></p> 	<p>19 <i>BBQ Ribbette Cheesy Potatoes Broccoli Cinnamon Applesauce Wheat Roll</i></p>	<p>20 <i>Coney Dog Fries Creamy Cucumber Salad Strawberries Peaches</i></p> 	<p>21 <i>Bourbon Roast Beef Baked Potato/Sour Cream Key West Blend Veggies Fruit Cocktail White Roll</i></p>	<p>22 <i>Sweet & Sour Meatballs With Peppers/Onions & Pineapple Over Brown Rice Oriental Blend Mandarin Oranges Wheat Bread</i></p>
<p>25 <i>Pot Roast Mashed Potatoes/Gravy Carrots Pineapple & Oranges Wheat Roll</i></p>	<p>26 <i>Chicken Fettuccine Alfredo Italian Blend Veggies Pea Salad Banana Garlic Toast</i></p>	<p>27 <i>Meatball Sub Potato Wedges Creamy Cucumber Salad Fresh Fruit Cup Oak Harbor/Genoa Bday</i></p>	<p>28 <i>Salisbury Steak Mashed Potatoes/Gravy Lima Beans Orange Wedges Elmore/PC Bday Treat</i></p>	<p>29 <i>Turkey & Swiss Sandwich Lettuce/Tomato/Onion Sauerkraut Salad Potato Salad Fruited Gelatin Danbury/HDM Bday Treat</i></p>